



WRESTLING PERFORMANCE PRODUCTS

Since 1993, AdvoCare has been a world-class nutrition company specializing in health and wellness, weight management, energy, and sports performance.



Top AdvoCare Products for Wrestlers:

 <p>SPARK AdvoCare's top seller. A sugar-free energy drink for heightened mental focus and performance. Take 30 minutes before exercise to help sustain the brain and muscles for longer, more intense workouts and performance. Replaces coffee, sodas and other energy drinks.</p>	 <p>REHYDRATE Advanced scientific formula for optimal hydration. Contains the proper ratio of electrolytes for <u>optimal</u> muscle cell PH balance and for boosting muscle energetics; also contains antioxidants which help prevent muscle damage and speed muscle recovery. Drink during practice, after weigh-ins and between matches.</p>
 <p>CATALYST Power and strength formula originally designed for the 1996 US Olympic Wrestling Team to preserve and protect muscle strength and endurance. Branched-chain amino acid formula that feeds lean muscle tissue making the body turn to stored fat for energy. Take 3 capsules on an empty stomach before workout (weights, cardio or wrestling).</p>	 <p>POST WORKOUT RECOVERY Post-Workout Recovery Sports Drink contains more than 30 vitamins, minerals and other nutrients that support the muscles' metabolic processes in recovery and helps minimize soreness after workouts. Recovery is extremely important for wrestlers. Used by hundreds of professional and world-class athletes across the United States.</p>
 <p>MEAL REPLACEMENT SHAKE A great day of training or competition starts with a great breakfast. This convenient & delicious shake contains 24 grams of easily digested protein to feed the muscles and increase metabolism helping to create a leaner, stronger pound for pound wrestler. Also contains 24 grams of carbohydrates, 5-6 grams of fiber and 26 vitamins and minerals for complete nutrition. Great choice for post-workout protein source and nutrition as well. Chocolate, Vanilla, or Berry flavors. Grocery type expense</p>	 <p>AdvoCare values our relationships with the athletic community. With testing on the rise for performance-enhancing substances both at the amateur and professional levels, we have formed a strategic alliance with INFORMED-CHOICE to certify our products are banned-substance free.</p>

Non-Paid AdvoCare Wrestling Endorsers



Brandon Slay
Olympic Champion / USA Wrestling Resident Coach

"Without taking AdvoCare each day, I feel good physically, but when I take advantage of the AdvoCare products, I feel great!"



Chris Bono
US Freestyle National Champion/ USA Freestyle Coach

"Since using AdvoCare products, my workouts are more intense. I am recovering faster and that allows me to compete harder on the mat."



Trent Paulson
US Freestyle National Champion

"AdvoCare products have given me an edge to compete at the highest level of wrestling competition."



Travis Paulson
US Freestyle National Champion

"Best product on the market and it will assist you in accomplishing your goals."



Tervel Dlgadnez
US Freestyle National Champion

"AdvoCare products work and are safe, I would recommend them."

To order products or learn more visit BisonLegendWrestling.net.
Questions? Please e-mail info@bisonlegendwrestling.net.